

# **4-H Family News**

**Washtenaw County** 

OCTOBER 2023



### Join us in Celebrating National 4-H Week!



National 4-H Week is October 1<sup>st</sup> – 7<sup>th</sup> and this year's theme is I ♥ 4-H. To celebrate, we created a Goosechase and are hiding some fun 4-H signs around the county!

4-H youth can earn points by answering trivia questions and figuring out our clues. The top 5 winners will receive prizes from the 4-H staff. We encourage all of our 4-H youth to participate!

Follow this link to learn how to play!

Join Code: 194XD3 Password: Washtenaw

#### **UPCOMING MEETINGS & EVENTS:**

#### **Livestock & Dairy Committee Meeting**

October 12th at 7 pm at the MSU Extension Office

#### **Horse Board and Association Meetings**

October 24th at 6:30 and 7 pm at the MSU Extension Office

#### **Still Projects Committee Meeting**

October 24th at 6:30 pm on Zoom

Ada May & Webb Harwood Memorial Scholarships Due November 10<sup>th</sup>

### **Recognition Program**

November 12<sup>th</sup> at 2 pm at the Washtenaw Farm Council Grounds in Building A

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Washtenaw County 4-H Youth Show Checks Have Been Mailed. Please Cash them ASAP!!

## Welcome to the 2023-2024 Program Year: Enroll Now in 4-H Online!



4-H Online is now open for the 2023-2024 program year! <a href="https://v2.4honline.com/#/user/sign-in">https://v2.4honline.com/#/user/sign-in</a>

We recommend signing up as soon as possible so families get the most up to date communications from our 4-H staff. Families must reenroll every year to stay active in Washtenaw County 4-H. Need help enrolling? Give the 4-H Office a call at 734-997-1678.

We also have paper enrollment forms if you have a family that does not have internet or computer access.

## Washtenaw County 4-H Recognition Program: Sunday November 12th

Mark your calendars for our annual Recognition Program on Sunday November 12<sup>th</sup> at 2 pm at the Washtenaw Farm Council Grounds in Building A. We will be recognizing our many youth, volunteers, and community members who have worked hard this past year and have made an impact on our 4-H program.

If you are not eligible or applying for awards this year, we hope you will still join us in recognizing all of the hard work that our 4-H'ers and volunteers have put in over the last year. Invitations for our winners and honorees will be going out soon! Please RSVP if you



will attend and if you are willing to help at: <a href="https://forms.gle/UYsypaQ6NCkCRHZp6">https://forms.gle/UYsypaQ6NCkCRHZp6</a>

## **Congratulations to Washtenaw County Farm Bureau Award Winners!**



Congratulations to our 4-H youth, volunteers, and families who received awards at the Washtenaw County Farm Bureau Annual Meeting on September 18th

- Valisa Bristle, Townline Workers 4-H Club: Outstanding Ag Youth Educator of the Year
- Erica Drake, Country Expressions 4-H Club: Young Farmer of the Year award
- Stacey Neigebauer, Country Expressions 4-H Club: The Volunteer of the Year award
- Adyson Naebeck, Country Expressions 4-H Club: Outstanding Involvement in Agriculture Award
- William Rogers, Saline 4-H Farmers 4-H Club: Outstanding Involvement in Agriculture Award



## Harwood Scholarship Applications: Due on November 10th

The Ada May and Webb Harwood Scholarship application is now available for 2023! This Michigan 4-H Foundation Scholarship is for current or former Washtenaw County 4-H members, Washtenaw County Youth, and Washtenaw County FFA members who are outstanding in Home Economics or Animal Science Projects. Applicants must be incoming freshman, as well as college sophomores, juniors, and seniors continuing their education at an accredited institution of high



education (four-year institution, two-year, community college or trade/vocational schools all qualify). You can find more of the guidelines and requirements for this scholarship on the <u>application form here</u>. We encourage youth who qualify to complete and submit an application! The deadline for submissions is November 10<sup>th</sup>.

## Interested in Joining our Washtenaw County 4-H Hippology and/or Horse Judging Teams?



Washtenaw County 4-H is looking for registered 4-H members (ages 5-19) to join our Hippology Team and/or Horse Judging Team! Both events at MSU don't have specific dates yet but Hippology is on a Saturday in mid-March and Horse Judging is on a Saturday in mid-April. Hippology is the study of all horse-related knowledge, including judging, anatomy, breeds, colors, care, equipment, tack, health and welfare, and riding

disciplines. Horse Judging is your opportunity to become the judge and place horses based on conformation (halter) and performance (riding). Both teams compete against other Michigan counties and senior divisions can qualify for the national contest. Cost is roughly \$23 per member, per team. Optional study sessions will start in early February.

If you are interested in participating on both/either teams, please contact Angela Oakman by January 31, 2024 - email: <a href="mailto:angela\_oakman@yahoo.com">angela\_oakman@yahoo.com</a> cell: 734-395-9714 (call or text). The Horse Judging Workshop and Mini Contest (event at MSU in early February) is highly recommend for anyone participating on the Horse Judging team.

More information (from the 2023 contest): <a href="https://www.canr.msu.edu/horses\_ponies/registration-information?fbclid=lwAR1hMipUIYxBkwEQFDAXf1ce59lsPG6LwvGvFjZkgypyC0NsCnGiqc-CF2w">https://www.canr.msu.edu/horses\_ponies/registration-information?fbclid=lwAR1hMipUIYxBkwEQFDAXf1ce59lsPG6LwvGvFjZkgypyC0NsCnGiqc-CF2w</a>



## **MSU Extension Resources on 4-H Beef Project Animals**



As the fall weather approaches, many youth across Michigan begin looking for their <u>4-H beef project</u> animal. Check out this three part series from MSU Extension which reviews important beef project content and address three main topics: preparations for the beef animal, estimating costs of care and calf selection. These tips and tricks will help you be more prepared for your 4-H beef project experience! <u>Check out this three part series</u>.

## **Tractor Supply Clover Campaign Needs 4-H Clubs to Represent!**

Would your 4-H club like to help represent 4-H during the Tractor Supply Company Paper Clover Campaign? We are looking for 4-H clubs, individuals, or volunteers interested in setting up a table at the Tractor Supply on Jackson Rd between October 4<sup>th</sup> through the 15<sup>th</sup>. You can tell customers about 4-H and encourage them to buy a paper clover. You can also host a bake sale during this event to raise funds for your club.

If you are interested, please contact Amy Harris at <a href="https://max.edu.or/">harr1977@msu.edu</a> or 734-222-3936.



## Our Fall Leader Meeting Kicks Off Another Great 4-H Program Year!



Thank you to all of our 4-H leaders who attended our Fall Leader Meeting on September 21st. We had a great time learning about how youth thrive through the 4-H Thriving Model. We highlighted the different ways that 4-H involvement can impact 4-H'ers during their 4-H experience and beyond. Our leaders worked in small groups to create flowers that represents the many levels of experiences youth can engage in during their time in 4-H. We also brainstormed different activities to help keep youth engaged during meetings. Finally, we went over the Annual Paperwork due for 4-H leaders on October 6th. We look forward to more trainings like this for our 4-H leaders throughout the year. If you stop by the MSU Extension Office, ask us if you can check out our beautiful flowers!



## Junior Livestock Raises Funds for Trophies & Promotes 4-H in our Community

Junior Livestock was busy this summer and fall, helping support our 4-H program through fundraising and promotion. At the Chelsea Community Fair, Junior Livestock youth scooped ice cream to raise money for trophy sponsorships for the 2024 Washtenaw County 4-H Youth Show. This September, Junior Livestock youth had a table at the Webster Fall Festival to represent 4-H and hand out information about our programs. Later this fall and winter, Junior Livestock will once again be representing 4-H at Trunk or Treat events and the Dexter Light Parade.





Junior Livestock is a county wide group that participates in various service projects and activities throughout the year. All youth age 12-19 are welcome to join this group. They have a group email that is sent out to inform youth of upcoming activities and events; if interested in joining the email chain, email a message to Kathy Grau, kgrau3437@aol.com.

## Spice up the 4-H Experience at your Next 4-H Meeting

Are you a 4-H volunteer looking to spice up your Michigan 4-H program, event or meeting? You can add flavor to your 4-H program with Michigan State University Extension by first breaking the 4-H experience into its main parts (fun, business and education) and exploring ways to enhance each component. Check out this article by MSU Extension Educator Laurie Rivetto to get some ideas to improve your next 4-H gathering!





## Save the Dates for the Annual Washtenaw County 4-H Christmas Tree Sale



Mark your calendars for our annual Christmas Tree Sale hosted by the 4-H Advisory Council. The Tree Sale will be held the two weekends following Thanksgiving: November 25-26th, December 2<sup>nd</sup> and 3<sup>rd</sup>. The sale will be held at the Washtenaw Farm Council Grounds in Building G on each Saturday from 8 am to 5 pm and each Sunday from 10 am to 5 pm.

This great event supports Washtenaw County 4-H in many ways! We will be looking for volunteers to help staff shifts on each of the sale days. Keep an eye out for the sign up, coming soon!



## STATEWIDE CALENDAR OF EVENTS

## 4-H scholarships available!



Outstanding Michigan 4-H members who are involved at county, regional, state, national or international levels are eligible to apply for Michigan 4-H scholarships to help fund their college experience.

A number of scholarship opportunities exist, ranging in value from \$500 to \$10,000 (over the course of four years). Each scholarship has specific eligibility, be sure to read the requirements to see if you qualify.

## All applications are due by November 1.

Learn more and access applications materials at: www.canr.msu.edu/4\_h\_scholarships and recognition program/4\_h\_scholarships.

#### October 1-7: National 4-H Week

For over 100 years, 4-H has inspired families, shaped careers, and impacted communities. During this week, celebrate the impact of 4-H during National 4-H Week.

www.canr.msu.edu/events/national-4-h-week

#### October 4-15: Fall Tractor Supply Company Paper Clover Campaign

Support 4-H by purchasing a \$1 paper clover at your local Tractor Supply Co. (TSC) store or online! www.canr.msu.edu/events/tractor-supply-co-paper-clover-campaign

#### October 7: 4-H Day at the Wild Pumpkin

4-H families and friends will receive a discount of \$2 off admission, a fun fall prize, a free donut and cup of cider! Sign up required.

www.canr.msu.edu/events/4-h-day-at-the-wild-pumpkin

## October 10: Wild Spartans - Snakes and Frogs: Fieldwork in the Tropics Online

Participants will meet Dr. D. Bruce Means, adjunct professor at Florida State University and biologist with the Coastal Plains Institute and Land Conservancy. Learn about his field work, and the education and career path he followed to get there.

www.canr.msu.edu/events/wild-spartans-series-2023-2024

#### October 18: Adulting 101 - Wealth Building

Online

This workshop will provide tips, tools and goal-setting strategies. Learn about different types of savings and investment products, evaluate your risk tolerance and explore investment timelines. www.canr.msu.edu/events/adulting10110-18-23

## October 23: Michigan 4-H Volunteer Webinar Series - Helping Youth Find Their Spark Online

Explore ways 4-H volunteers can help youth find their spark within their 4-H experience. This session will be offered twice for the convenience of volunteers.

**12-1 p.m. session:** <u>www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-series-helping-youth-find-their-spark</u>

**7-8 p.m. session:** <u>www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-series-helping-youth-find-their-spark7pm</u>

#### SAVE THE DATE!

#### November 10-12: Spectacular Youth Leadership Institute

Youth ages 13-19 are invited to this leadership program that will focus on service, community leadership, global leadership and more. Youth will stay at a Lansing area hotel, attend classes on MSU's campus and take part in service projects around the Lansing area. Registration coming soon.





## **STATEWIDE 4-H NEWS**

### **Promote 4-H with the 4-H Creative Campaign Contest**

Youth ages 9-19 are invited to create short videos (under 60 seconds) promoting 4-H to their peers. Videos should address the question, "Why You Should Join 4-H!" Be a 4-H spokesperson by using your voice and sharing your 4-H story with others!

This contest is open to Michigan 4-H youth. Those not currently registered for 4-H can do so prior to entering this contest. The deadline for registration and video submissions is January 31, 2024.

A total of six prizes will be awarded to the top videos judged by professionals. There will be two age brackets for this competition:

- 4-H ages 9-13 (as of January 1, 2024)
- 4-H ages 14-19 (as of January 1, 2024)

Each age bracket will have three winners, who will receive the following prizes:

- First place prize: \$100 Amazon gift card
- · Second place prize: \$75 Amazon gift card
- Third place prize: \$50 Amazon gift card

The 4-H Creative Campaign Contest is sponsored with a grant from the Michigan 4-H Foundation. More information and contest rules can be found online at <a href="https://www.canr.msu.edu/4-h-clovers-code/contest/">https://www.canr.msu.edu/4-h-clovers-code/contest/</a>. For questions, please contact Kathy Jamieson at <a href="mailto:jamies13@msu.edu">jamies13@msu.edu</a>.

## Join the 4-H Future Squad!

Figuring all this "adulting" out can be hard! If you are a 12-19 year old youth throughout Michigan, join 4-H Future Squad in learning more about important life skills for YOUR future.

4-H Future Squad was inspired by Generation Z youth seeking life skill development for a better future for themselves and their peers. This program is designed to help youth feel prepared and ready to take on the future and adulthood.

The FREE club will meet October 2023 through May 2024. Meetings will involve team-building and will cover areas such as money management, career readiness, stress management, goal-setting, time management, communication, politics, food safety, and basic household tasks. Club meetings will be virtual through Zoom. Club meetings for the 2023-2024 year will take place twice monthly with Monday or Thursday meeting dates on alternating months.

This club can be your primary or secondary club. For more information and to get registered, visit: <a href="www.canr.msu.edu/4-h-future-squad/">www.canr.msu.edu/4-h-future-squad/</a>.







## **MSU Extension Child and Family Development**

MSU Extension has a wide range of free online classes for parents and caregivers of children of all ages and early childhood professionals.

### **Extension Extra's Parenting Hour**

These free online parenting workshops will provide guidance for parents of young children as they navigate the challenges, concerns, and joys of parenting. Participants may register for as few or as many workshops as they wish. The workshops are on Tuesday evenings from 8:00 to 9:30PM EST as follows:

#### Class dates:

- 10/3/2023: Parenting in the Digital Age Part 1: Bullying, Digital Reputation, Sexting
- 10/10/2023: Parenting in the Digital Age Part 2: Online Predators, Privacy Issues, Trafficking
- 10/17/2023: Let's Talk: Parent and Provider Communication
- 10/24/2023: Mathematics for Infants and Toddlers
- 10/31/2023: NO CLASS

Registration: https://msu.zoom.us/webinar/register/WN\_APsEiTFUTfOSwoRU7aQ17g

For more information contact Courtney Aldrich at aldric82@msu.edu

### **Guiding Principles for Highly Successful Parenting**

Are you wondering how to gain greater cooperation from your children? Struggling with chores or routines? Not sure how to handle discipline issues? Join us for this five week parenting education series for parents with children of all ages will explore developing routines, emotional control, rules and relationships, and being a calm, assertive parent. Certificates of attendance are available.

Class dates/times: Thursdays, October 5, October 12, October 19, October 26, November 2 from 11:30 am - 1:00 pm EST

Registration: https://msu.co1.qualtrics.com/jfe/form/SV\_6XReroOy9fS0mKa

For more information, contact Courtney Aldrich, aldric82@msu.edu

### **Building Strong Adolescents**

Are you wondering how to navigate the teen years with your child? Do you wonder how to set limits while still promoting independence and encouraging positive relationships? Join us for this five week parenting education series for parents with children between 9-16 and explore the assets children need to succeed. Certificates of attendance are available.

Class dates/times: October 16, 23, 30, November 6, 13 from 7:30pm-9:30pm EST

Registration: <a href="https://msu.co1.qualtrics.com/jfe/form/SV\_73DJocoHy0wEQzY">https://msu.co1.qualtrics.com/jfe/form/SV\_73DJocoHy0wEQzY</a>

For more information, contact Courtney Aldrich, aldric82@msu.edu

### **Kinship Caregiver Classes**

Kinship Caregiver classes are targeted to relatives caring for another relative's children.

Class date: October 11th "Helping Kids Manage Stress" from 7:00-8:30pm EST

Registration: https://msu.zoom.us/webinar/register/WN msxyZuH0QeS9MsKaD y7Tg

For more information, contact Courtney Aldrich, aldric82@msu.edu

## **Building Early Emotional Skills**

Are you having trouble with biting, tantrums or the "terrible twos?" Building Early Emotional Skills (BEES) is a four-week class for primary caregivers of children 0-3 that teaches about how young children develop social emotional skills and helps give caregivers skills to deal with the stress of caring for children and to help their children develop strong social emotional skills.

Class date: Fridays, October 13, 20, 27, Nov. 3 from 11:30 am – 1:00 pm ET Registration: https://msu.co1.gualtrics.com/jfe/form/SV b9Lggrf98mvrPaS

For more information, contact Courtney Aldrich, aldric82@msu.edu





## **MSU Extension Child and Family Development**

MSU Extension has a wide range of free online classes for parents and caregivers of children of all ages and early childhood professionals.

### **Early Childhood Professional Development Classes**

These free online classes provide professional development training hours for early childhood professionals. Credit in the MiRegistry system is available.

Title: ABC's of Early Literacy Class Date: October 19<sup>th</sup> Class Time: 7:00PM to 8:30PM

Registration: https://msu.zoom.us/webinar/register/WN\_iLVWzzM6Qlimr7VBOCrrPA

Title: Learning to Talk
Class Date: October 27th

Class Time: 1:00PM to 2:30PM

Registration: https://msu.zoom.us/webinar/register/WN\_7uUWdABOR266czLJYKyu7A

For more information contact Vivian Washington at washi138@msu.edu

#### **Online Self-Paced Classes**

These free online classes can be completed on your own at your own pace.

#### **Positive Discipline**

Helping young children learn self-control is important to their ability to be successful citizens now and in the future. Positive Discipline workshops help adults learn how their role in creating appropriate environments and experiences can strengthen that development. This class has a "parent and caregiver" track and a "professional" track. Certificates of attendance are available for all who take the class and professional development training hours are available for early childhood professionals. Credit in the MiRegistry system is available.

Registration: <a href="https://www.canr.msu.edu/courses/positive-discipline-online-course">https://www.canr.msu.edu/courses/positive-discipline-online-course</a>

For more information contact Courtney Aldrich at aldric82@msu.edu

#### **Infant Safety**

MSU Extension has partnered with the Livingston County Child Abuse Prevention Council to create a self-directed online infant safety course called "Sleeping, Crying, Driving." This three part course contains videos and interactive content on infant safe sleep, how to handle extended infant crying and guidelines for transporting your child safely. A certificate of completion is available for those who need proof of attendance.

Registration: <a href="https://www.canr.msu.edu/early\_childhood\_development/infant-safety/">https://www.canr.msu.edu/early\_childhood\_development/infant-safety/</a>

#### **MI Parenting Resource**

This free, online program is meant to support caregivers across the state in strengthening their parent-child relationships and gaining new tools for enhancing positive child behaviors.

Registration: https://miparentingresource.org/

For more information contact Courtney Aldrich at aldric82@msu.edu